

ANNOUNCEMENTS & EVENTS

Krafty Klatsch & Coffee | Mondays 10:00 am, Great Room - A time for working on your craft, whether it be knitting, crocheting, drawing, etc. Sitting around with neighbors as you work on your own projects. Enjoy Coffee and small sweets.

Game Night | Saturdays, 7:00 pm, Great Room - Join fellow neighbors and play table games. Any ideas for games are welcome!

Introduction to Line Dancing | Every other Thursday at 7:00pm in Fitness Center- "Kick up your boots, find the beat, and let the line dancing fun shuffle you into a great time!"

Zumba GOLD | Every other Thursday at 6pm in Fitness Center-Burn calories, shake your worries away, and groove like nobody's watching!

Glitz & Glam Pumpkins | Tuesday, November 3rd 4:00pm Canvas Room- Get ready to glam up your gourds! Add some bling, sparkle, and personality to your pumpkin and make it shine! ✨

Boyd's Cardinal Hollow Winery Food Truck | Wednesday, November 4th 4:00pm-8:00pm - Serving up 8-hour smoked brisket cheesesteaks, smoked pulled chicken cheesesteaks, ice-cold beer, and wine—all from one flavor-packed food truck!

Wine Down Wednesday | Wednesday, November 4th 6:30- Great Room- Unwind, sip your favorite wine, and enjoy good vibes!

Acrylic Painting | Thursday, November 5th 1:30pm-Canvas Room - Intuitive painting. Relax and let you mind go with this one! No painting is alike and all are a reflection of you!

National Nachos Day | Friday, November 6th 4:30pm- Come celebrate with our loaded Nachos Bar that has all your favorite toppings and all the cheesy goodness!

Concert Series | Sunday, November 8th 7:00pm- Lounge- An enchanting evening of music awaits, where every note weaves a timeless tapestry of melody, emotion, and inspiration.

Farina Pasta Bar Food Truck | Tuesday, November 10th 5:00pm- Twirl into deliciousness with a tasty pasta feast from the food truck!

Tabeling Event with Ardent Credit Union | Wednesday, November 11th 11:00am Canvas Room- Discover all the ways your credit union can help you reach your goals!

Home Instead Presentation with Lunch | Wednesday, November 11th 12:00pm Great Room- Discover local home care services tailored to meet your desired needs.

Birthday Celebration | Wednesday, November 11th 2:00pm- Great Room- Come enjoy cake and wish all our November Birthdays a Happy Day!

Veteran's Day Tribute with Snack Boxes | Wednesday, November 11th 2:30pm- Great Room- Bring a photo of yourself, a friend or family member in military uniform to display and receive a Patriot gift from Canvas to show appreciation for your service.

Trip to New Hope / Peddler's Village | Thursday, November 12th 9:00am- Hop aboard for a fun-filled bus trip to New Hope and Peddler's Village, packed with charming shops, unique finds, delicious treats, and plenty of adventure!

Book Club / LI | Thursday, November 12thth 7:00pm- Library- "The Diamond Eye" by Kate Quinn

Billiards and Beer | Friday, November 13th 3:00pm - Game Room - Calling all pool players! Stop in for a game and enjoy some brew and a snack.

Happy Hour with Live Music by Jeni Englund & Dave Kiefer | Friday, November 13th 5:00pm Lounge- Unwind at Happy Hour with refreshing drinks, great company, and live entertainment to keep the good vibes going!

Canvas Craft Fair | Saturday, November 14th 10:00am - Great Room- Explore the Canvas Arts & Crafts Fair, shop unique works of art, discover creative treasures, and mingle with fellow art lovers for a fun-filled, inspiring experience!

Apple Dippin' Delight | Tuesday, November 17th 3:30 Great Room- Get ready to dip, drizzle, and decorate at our Caramel Apple Making Bar, loaded with delicious toppings and sweet treats to create your own mouthwatering masterpiece!

Monthly Craft Project | Tuesday, November 17th, 5:00pm - Canvas Room- Get crafty and get into the holiday spirit as we create festive masterpieces to bring a little extra sparkle and cheer to the holiday season!

Medicare Seminar with Bankers Life Insurance | Wednesday, November 18th 11:00am Great Room- Join Bankers Life Insurance for an informative understanding Medicare Seminar to explore coverage options, benefits, and important information to help you make confident healthcare decisions.

Mickey Mouse Trivia | Wednesday, November 18th 2:00pm Great Room- Oh boy! Test your Disney knowledge with Mickey Mouse Trivia and see who's the ultimate Mickey fan!

Wine Down Wednesday with Mickey Mouse Pictionary | November 18th, 6:30pm - Great Room- Get ready for a fun-filled Wine Down Wednesday with wine, laughs, and Mickey Mouse Pictionary!

Acrylic Painting | Thursday, November 19th 1:30pm - Canvas Room- "Mix bright colors, express your creativity, and have fun creating a one-of-a-kind acrylic masterpiece!"

Friendsgiving | Thursday, November 19th 6:00pm Great Room- Let's celebrate together over delicious food, lots of laughter, and wonderful memories being made!

Left Center Right - Ladies Night | Friday, November 20th 6:30pm - Great Room-This event is resident-run. BYOB and snacks to share are appreciated but not mandatory. (RESIDENTS ONLY)

Movie Night | Tuesday, November 24th 7:00pm - Media/Poker Room- Sit, relax and enjoy movie snacks and watch a movie. (Movie TBD)

Happy Thanksgiving | Thursday, November 26th Office Closed. Wishing you a Thanksgiving filled with love, laughter, gratitude, and wonderful memories with those who matter most. 🍂🍁

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OFFICE PHONE:
484-747-6975
For Maintenance Emergency, Follow Prompt
FOR ALL OTHER EMERGENCIES
PLEASE DIAL 911

OFFICE HOURS

Mon-Fri 9 am -6 pm
Sat - 10 am - 4 pm
Sun - 12 pm - 5 pm

CIAO BELLA SALON

Tues 11:00 am - 6:00 pm
Wed By Appointment Only
Thurs 11:00 am - 6:00 pm
Fri 9:00 am - 2:00 pm
Phone: (610) 990-7557
info@ciaobellasalon.com

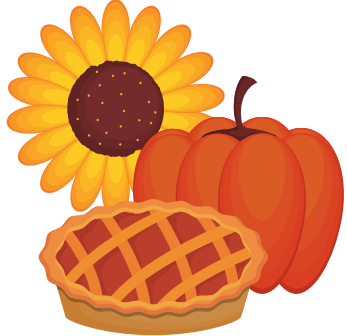


NOTE: Weekly On-going Resident-Run Activities on calendar are noted in **BLUE print on calendar**. All welcome to participate!



Canvas at Valley Forge
101 Bryce Lane, King of Prussia, PA 19406



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 9:00 am Yoga Class / PMR 10:15 am Chair Yoga / PMR 11:15 am Meditation / LI	2 9:00 am Pilates/Barre/Fusion 10:00am Canasta / L 10:00 am Krafty Klatsch & Coffee /GR 10: 00 am Billiards /GaR 12:30 pm Pinochle /PMR 1:00 pm Mahjong / L 3:00 pm Scrabble 5:00 pm Scripture Study /PMR 7:00 pm Mahjong /L 7:00 pm Rummikub / L 	3 9:00 am Pilates / FC 1:00 pm Bingo / GR 3:30 pm Ladies Poker/ L 4:00 pm Glitz & Glam Pumpkins 	4 9:00 am Dance / FC 10:00 am Ping Pong /GaR 1:00 pm Mahjong / L 2:30 pm Mens Poker / PMR 4:00 pm -8:00pm Boyds Cardinal Hollow Winery Food Truck 6:30pm Wine Down Wednesday/GR 	5 10:00 am Billiards / GaR 10:00 am Yoga /FC 11:15 am Chair Yoga / FC 12:30 pm Pinochle / L 1:30 pm Acrylic Painting/ CR 2:00 pm Men's poker / GR 7:00pm Introduction to Line Dancing / FC 7:00 Rummikub / L 	6 9:00 am Dance Fitness /FC 10:00 am Pilates /FC 10:00 am Intermed Bridge 2:30 pm Open Poker / L 4:30 pm National Nachos Day 	7 9:00 am Balance Class / FC 9:30 am Stretch & Tone / FC 1:00 pm Mah Jongg /L 7:00 pm Game Night / GR
8  9:00 am Yoga Class / PMR 10:15 am Chair Yoga / PMR 11:15 am Meditation / LI 7:00pm Concert Series	9 9:00 am Pilates/Barre/Fusion 10:00am Canasta / L 10:00 am Krafty Klatsch & Coffee / GR 10: 00 am Billiards /GaR 12:30 pm Pinochle / PMR 1:00 pm Mahjong / L 5:00 pm Scripture Study /PMR 7:00 pm Mahjong /L 7:00 pm Rummikub/ L 	10 9:00 am Pilates / FC 1:00 pm Bingo / GR 3:30 pm Ladies Poker / L 5:00 pm Farina Pasta Bar Food Truck 	11 9:00 am Dance / FC 10:00 am Ping Pong / GaR 11:00 am Mahjong / L 11:00 am Tabeling Event with Ardent Credit Union/ CR 12:00PM Home Instead Presentation with lunch 2:00 pm Birthday Celebration / GR 2:30 pm Veterans Day Tribute with Gift from Canvas/GR 2:30 pm Mens Poker / PMR 	12 9:00am Trip to New Hope/Peddler's Village 10:00 am Billiards / GaR 10:00 am Yoga /FC 11:15 am Chair Yoga / FC 12:30 pm Pinochle / L 2:00 pm Men's poker / GR 6:00 pm Zumba GOLD /FC 7:00 Rummikub / L 7:00 pm Book Club / LI 	13 9:00 am Dance Fitness /FC 10:00 am Pilates /FC 10:00 am Intermed Bridge 2:30 pm Open Poker / PMR 3:00 pm Beer & Billiards / GaR 5:00 pm Happy Hour with Live Music 7:00 pm Live-Streamed Shabbat Service / PMR	14 9:00 am Balance Class / FC 9:30 am Stretch & Tone / FC 10:00am Canvas Craft Fair 1:00 pm Mah Jongg / L 7:00 pm Game Night / GR 
15 9:00 am Yoga Class / PMR 10:15 am Chair Yoga / PMR 11:15 am Meditation / LI	16 9:00 am Pilates/Barre/Fusion 10:00am Canasta / L 10:00 am Krafty Klatsch & Coffee /GR 10: 00 am Billiards /GaR 12:30 pm Pinochle /PMR 1:00 pm Mahjong / L 3:00 pm Scrabble 5:00 pm Scripture Study /PMR 7:00 pm Mahjong /L 7:00 pm Rummikub / L	17 9:00 am Pilates / FC 1:00 pm Bingo / GR 3:30 pm Ladies Poker / L 3:30 pm Apple Dippin' Delight 5:00 pm Monthly Craft Project/ CR 	18  9:00 am Dance / FC 10:00 am Ping Pong /GaR 11:00am Medicare Seminar with Bankers Life Insurance 1:00 pm Mahjong / L 2:30 pm Mens Poker / PMR 2:00 pm Mickey Mouse Trivia/GR 6:30 Wine Down Wednesday with National Mickey Mouse Day Pictionary/GR 	19 10:00 am Billiards / GaR 10:00 am Yoga /FC 11:15 am Chair Yoga / FC 12:30 pm Pinochle / L 1:30 pm Acrylic Painting / CR 2:00 pm Men's poker / GR 7:00pm Introduction to Line Dancing / FC 7:00 pm Rummikub / L 6:00 pm Friendsgiving/GR 	20 9:00 am Dance Fitness /FC 10:00am Pilates 10:00 am Intermed Bridge 2:30 pm Open Poker / L 6:30 pm Ladies Night- Left, Center, Right	21 9:00 am Balance Class / FC 9:30 am Stretch & Tone / FC 1:00 pm Mah Jongg / L 7:00 pm Game Night / GR
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Location Key:	CYP = Courtyard Poolside CYN = Courtyard North CR = Canvas Room FC = Fitness Center	GR = Great Room GaR = Game Room LI = Library L = Lounge	PMR = Poker/Media Room P = Pool	A... Healthy Creative Inquisitive Playful Centered Mindful Social Life.		OFFICE HOURS Monday - Friday 9:00 am to 6:00 pm Saturday 10:00 am to 4:00 pm Sunday 12:00 pm to 5:00 pm